



Beaver Nation News

St. Edward Public Schools

NOVEMBER 2018

From the Superintendent's Desk

BEAVER NATION NEWS

Staff:

Melody MacDonald
Lily Hanjun He
Lucien Ruby
Kenna Hellbusch
Miranda Matchett

Sponsors:

Chase King
Staci MacDonald

Printed by
Educational Service
Unit 7

The first quarter of the year has already come and gone. Fall activities are starting to wrap up and soon winter activities will begin. Congratulations to Emma Ketelsen for qualifying for FFA state land judging. One Act is gearing up for their season and the students have been working hard to get ready for their competitions. Varsity football ended with a 2 win and 6 loss season. Junior High football had a successful first year playing 6 man. They lost the first game, but then rattled off four blowout victories in a row to finish 4-1. Varsity volleyball will be wrapping up soon, and they have 4 victories this fall. The Junior High girls finished their season in mid-October with a 0-6 record for the A team and a 4-2 record for the B team. All the programs showed improvement from start to finish, so that is promising moving forward. Thank you for all the fan support throughout the fall season at various activities.

Winter weather is just around the corner. When inclement weather happens, I hope to have a decision by 6:30 a.m. at the latest. If a late start/early out or no school day happens, you will be notified via the school messenger system. It will also be broadcast on FM 101.1, 93.5, 106.7, 97.5, 105.9, 92.7 and on AM 900, 1510, and 780 radio. It will also be on the school closings for channel 10 on TV.

Mr. Frederick	1
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We do not use the SMS (text) option on the alert system very often, because it doesn't reach enough people. We get a report showing how many people either received or did not receive the message. If you would like to start receiving the text messages when we do send text, please do the following: **In order for you to receive SMS messages you will first need to opt-in to receive them. They can do so by texting a 'Y' or a 'YES' to 67587.**

I would like to thank everyone that attended Parent Teacher conferences in late September. The percentage of parent/guardians to participate was high on the elementary and secondary side. Being involved in your students' academic lives is so important at all levels.

St. Edward Public School website now has an app. Go to the Google play store for Android phones or the App store on iPhone and search St. Edward Public School to download the app. It has a picture of our beaver mascot.

<https://www.stedpublicschool.org/>
St. Edward Beavers Public School on Facebook

The Other Side of the Den

Things are a changing in the standard and assessment world! Testing scores are in the state of transition. The Nebraska Student Centered Assessment System (NSCAS) or state testing 3rd through 8th grade student results will be mailed to your home as soon as I receive them, hopefully November.

English Language Arts and Math are on a new scale score and Science scale scores are still on the old system. English Language Arts (ELA) scores range from 2220-2890 and the math scores range from 1000-1550. Science scores still range from 0 -200. The new achievement levels for ELA and Math are labeled Developing, On Track and Career and College Ready Benchmark (CCR). Our goal for ELA and Math is for students to score On Track or Career and College Ready Benchmark. The Science scores range from 0-200. The achievement levels are Below, Meets, and Exceeds the standards. Our goal is for students to Meet or Exceed the standards for Science.

While reviewing the "Individual Student Report" I think it is easiest to view your child's visual scale score interval to interpret your child's score. To review the "Individual Student Report Parent Guide" type in the URL for St. Edward Public Schools at <http://www.stedpublicschool.org> (hold control button and click on link to appear), go to the staff directory and click on my name. Once on my webpage, view the left side of my homepage and look for the document "Individual Student Report Parent Guide". This guide will explain your student report.

The 2018-2019 state testing will began on March 18th and finish on April 26th. I strive to make the schedule, so the students are assessing at the beginning of the time frame.

If there are any questions pertaining to the assessments or parent guide feel free to contact me at 402-678-2282. Thank you for your continued support.

Sincerely,

Ms. Allison Pritchard
PK-6 Principal

My Health, My Choice



The fifth grade class and Mrs. Haas attended My Health, My choice at the Boone County Fairgrounds on October 3. . Other fifth grade classes from Riverside, Fullerton, Twin River, and Boone Central also attended. One of the favorite activities was archery (as you can see). They also made smoothies, popcorn with healthier toppings than salt, flavored water using fresh fruit, learned about the effects of smoking and drinking, good hygiene, simple exercises to do at their desks or in small areas, and teamwork. An officer from the Columbus Police Department presented a program on social media safety and bullying.



The St. Edward FCCLA went to the District 5 Event in Columbus on October 15, 2018.

Congratulations to:

Riley Riggs – 1st place in the Poster Contest

Maddie Reeves – 1st place, FCCLA Creed Reading, Junior Division

Red Cross Blood Drive

November 9 at school

Contact Kathy Cruise at school for an appointment!

High School Football Season Ends

Spalding Academy wins (32-79)

Santee lost (58-12)

Humphrey/Lindsay Holy Family wins (40-83)

Walthill wins 66-13



Back row senior football players:
Lucien Ruby, Trevor Rasmussen,
Justin Miller, Roy Cumming and
Kean Cruise.

Front row senior cheerleaders:
Maya Baker, Melody MacDonald,
Mackenzie Towey, and Hailey
Osantowski.



Volleyball



09/25	Riverside	0-2
09/25	Spalding Academy	0-2
10/04	Nebraska Christian	0-2
10/04	Osceola	0-2
10/05	@ Santee	0-3
10/09	Heartland Lutheran	1-2
10/09	Central Valley	0-2
10/11	Spalding Academy	0-3
10/18	McCool Junction	0-3



Cross Country

Conference Junior High 1.5mi

Chris Ireno 5th 10:01.00
Trevin Mowrey 7th 10:35.00
Brenden Shotkoski 16th 17:31.00

Yoselin Herrera 16th 12:51.00
Lydia Ketelsen 18th 14:04.00
Leilani Vargas 19th 14:05.00

High School 3mi

Riley Riggs 9th 18:39.00
Nick Barnes 20th 20:40.00
Josiah Ketelsen 31st 26:43.00

Alyssa Reardon 21st 26:34.00
Emma Ketelsen 22nd 27:01.00
Reagan Palmer 26th 28:54.00
Gabby Muckey 31st 32:40.00



Districts

Boys

Riley Riggs 19:16.84 21st
Nick Barnes 20:57.62 46th
Josiah Ketelsen 26:58.04 74th
Conor Laska 37:54.37 78th

Girls

Alyssa Reardon 27:25.28 34th
Emma Ketelsen 29:00.54 38th
Reagan Palmer 29:51.33 44th
Aurora Glover 29:52.29 45th
Gabby Muckey 32:30.70 52th
Mackenzie Towey 35:53.10 56th



Senior Runners: Riley Riggs, Mackenzie Towey, Emma Ketelsen, and Nick Barnes.

Pink Out Held

The St. Edward Cheerleaders hosted a pink out on October 12 at the St. Edward vs. Humphrey/Lindsay Holy Family football game and on October 18 at the St. Edward vs. McCool Junction volleyball game. A total of \$521.67 was raised and presented to Shelia Arasmith, wife of Clete Arasmith who teaches FCS at St. Edward. Mrs. Arasmith is fighting an invasive and aggressive form of breast cancer. The cheerleaders, teams, coaches, faculty and student body wish Shelia a full recovery.

Photo: Back Row- Cheerleaders: Miranda Matchett, Maya Baker, Mackenzie Towey, Reagan Palmer, and Melody MacDonald.

Middle row: Hailey Osantowski, Clete Arasmith, Shelia Arasmith, Sophie Reeves, and Mary Blankenship.

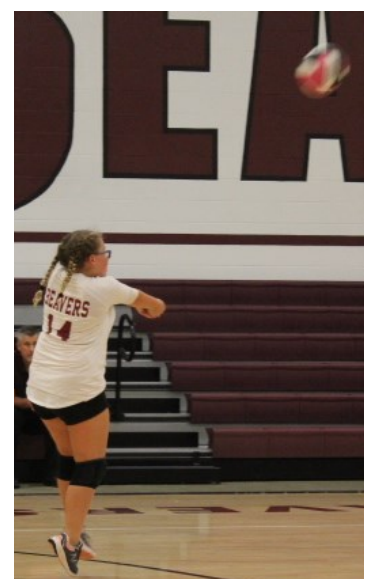
Front row: Lainey Werts, Lacie Cruise, Kenna Hellbush, Emma Olson, and Kelsey Alder.



My wife, Shelia Arasmith, and I want to thank everyone for their amazing generosity on the recent: Pass the hat, Breast Cancer Awareness and Pink out game. Everyone responsible for this success, we sincerely appreciate your tireless effort. Thank you to the entire St. Edward Community.

Cletus Arasmith

Junior High Volleyball



October 1	Elkhorn Valley	A-L	B-L
October 3	Central Valley	A-L	B-W
October 10	Palmer	A-L	B-W



Junior High Football

This was the first year of six-man football in junior high. Our started their season with a loss to Humphrey St. Frances, but they didn't let that hold them back. They went on to win the remaining four games of the season. The won against McCool Junction, Humphrey/Lindsay Holy Family, Hampton, and Elba. Coach Roscoe was happy with their season!



Parent & Child				Elementary School		
Activity Calendar				Parents make the difference!		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
November 2018				1 Good report card? High grade on a test? Make your achiever the "King or Queen for a Day."	2 Model good table manners for your child.	3 Enjoy some outdoor physical activity as a family today.
4 Read a textbook assignment with your child. Then ask him to tell you about it in his own words.	5 Challenge your child to draw a picture with her eyes closed.	6 Make your child laugh! Tell a joke, read a funny story or poem, sing a silly song or draw a cartoon.	7 Ask your child to imagine what life was like 150 years ago. How does he think it will be 150 years in the future?	8 Play a game of charades with your child. Use hand gestures and motions to describe your word.	9 Have a jump rope contest today. See how many jumps your child can do in a row.	10 Have your child write a poem or story from the point of view of your family pet.
11 Encourage your child to write a thank-you to a favorite teacher this month.	12 Hum a song and see if your child can guess the name of the song.	13 Have your child teach you something she needs to learn for homework. It's a great way to reinforce learning.	14 When your child is unsuccessful, ask him, "How would you do it differently next time?"	15 Take a fraction walk with your child. Write down what you see: 3/6 of cars are blue, 4/5 of houses have a gray roof.	16 Let your child plan dinner tonight. How many food groups can she include?	17 Bake cookies with your child. If you're doubling a recipe, have your child do the math.
18 Listen to a piece of music that has no lyrics. Have your child write some lyrics for the song.	19 Invent a word with your child. Write a definition as it would appear in the dictionary.	20 Look over your child's homework. Give sincere compliments and constructive criticism.	21 Talk to your child about peer group pressure. Discuss ways to say no to drugs and alcohol.	22 At dinner, have each family member say something nice about every person at the table.	23 Fold paper to make different types of airplanes. See which ones fly the best.	24 Have your child draw a picture. Ask her to make up a story about it and tell it to somebody.
25 Turn chores into a game. Assign each chore a number and have your child roll a die to see which one he gets.	26 Talk with your child about something she has done well today.	27 Give your child a notebook to use as a journal. Ask him to write in it for 10 minutes each day.	28 Ask your child to guess how many times she blinks in a minute. Then check!	29 Have your child hold his nose while he eats. Does it affect the taste of the food?	30 Have your child research events that occurred on the day she was born.	
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Padres & Hijos				Escuela Primaria		
Calendario de Actividades				Los Padres ¡hacen la diferencia!		
Domingo	Lunes	Martes	Miércoles	Jueves	Viernes	Sábado
Noviembre 2018				1 ¿Su hijo trajo a casa una buena boleta de calificaciones? ¿Se ha sacado una buena calificación en un examen? Haga que sea "Rey o Reina del Día."	2 Use buenos modales en la mesa para darle un buen ejemplo a su hijo.	3 Hoy, disfrute una actividad física al aire libre con su familia.
4 Lea con su hijo algún texto que le hayan asignado para la escuela. Luego, pídale que se lo explique en sus propias palabras.	5 Desafíe a su hijo a hacer un dibujo con los ojos cerrados.	6 ¡Haga reír a su hijo! Cuente un chiste, lea un cuento o poema gracioso, cante una canción chistosa o dibuje una caricatura.	7 Pídale a su hijo que se imagine cómo era la vida 150 años atrás. ¿Y cómo cree que será 150 años en el futuro?	8 Haga un juego de charadas con su hijo. Usen gestos y movimientos con las manos para describir sus palabras.	9 Hoy hagan una competencia de saltar a la cuerda. Cuente cuántos saltos seguidos puede hacer su hijo.	10 Dígale a su hijo que escriba un poema o una historia desde el punto de vista de la mascota de su familia.
11 Anime a su hijo a escribir una carta de agradecimiento a su maestro favorito este mes.	12 Tararee una canción y vea si su hijo puede adivinar cuál es.	13 Dígale a su hijo que le enseñe algo que deba aprender para la escuela. Esta es una estupenda manera de reforzar el aprendizaje.	14 Cuando su hijo no tenga éxito, pregúntele, "¿Qué harías de manera diferente la próxima vez?"	15 Dé un paseo con su hijo y aprendan fracciones. Escriban lo que vean: 3/6 de los carros son azules, 4/5 de las casas tienen techo gris.	16 Deje que su hijo planifique la cena de esta noche. ¿Cuántos grupos alimenticios puede incluir?	17 Hornee galletas con su hijo. Si necesitan duplicar la receta, pídale que haga los cálculos necesarios.
18 Escuchen una pieza musical que no tenga letra. Dígale a su hijo que componga una canción para acompañar la melodía.	19 Invente una palabra con su hijo. Escriban una definición como si estuviera en el diccionario.	20 Revise la tarea de su hijo. Dele elogios sinceros y críticas constructivas.	21 Hable con su hijo sobre la presión de los compañeros. Comenten maneras de decir no a las drogas y el alcohol.	22 En la cena, pídale a cada miembro familiar que diga algo agradable sobre cada persona que está sentada en la mesa.	23 Hagan diferentes tipos de aviones doblando hojas de papel. Veán cuál vuela mejor.	24 Dígale a su hijo que haga un dibujo. Luego dígale que invente una historia sobre él y se la cuente a alguien.
25 Convierta los quehaceres en un juego. Asígnele un número a cada quehacer y dígale a su hijo que tire un dado para ver cuál le toca.	26 Hable con su hijo sobre algo que él haya hecho bien hoy.	27 Dele un cuaderno a su hijo para que use como diario personal. Dígale que escriba en él durante 10 minutos cada día.	28 Dígale a su hijo que adivine cuántas veces parpadea en un minuto. ¡Luego verifíquelo!	29 Dígale a su hijo que se tape la nariz mientras come. ¿Se ve afectado el gusto de la comida?	30 Dígale a su hijo que investigue los sucesos que tuvieron lugar el día en que nació.	
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American
Heart
Association.

Dear Family,

Bubble, fizz, ahhhh...when you have kids, it's tough to keep soda and other sugar-sweetened beverages out of your grocery cart. But think about this: a child who drinks one or more cans of sugar-sweetened beverages a day is 55 percent more likely to be overweight than a child who drinks little or none. Regular soda has lots of calories, no nutrients, and more sugar—about nine teaspoons per can—than your child's body needs. Sugary drinks—including regular sodas, sports drinks, energy drinks, and juice drinks with added sugar—are also linked to other health problems like heart disease, high blood pressure, diabetes, and tooth decay. Let's work together to teach about healthier beverage choices. Reach for water first. Milk and 100% fruit juice can also be good options, but remember that your drinking glass may have multiple servings. Encourage good nutrition both in and out of the classroom!

Sincerely,

Mrs. Crystal Werts
teacher

Your child is a participant in the American Heart Association's Kids Heart Challenge. The AHA has five priority messages for your family:

Physical Activity

Healthy Eating

Sodium

♥ Sodas and Other Sugary Drinks

Tobacco/Smoking



It's sometimes better to show your kids rather than just tell them. Here are some great ways to demonstrate why you should limit sweetened beverages.

- **Show them the oh-so-gross syrupy sludge in sweetened beverages.** Pour a can of regular soda (or a sports drink or sweetened juice) into a pot. Bring the drink to a boil and, once most of the water from the drink has boiled away, carefully spoon out the thick, syrupy residue that remains. Yuck! Does your child really want to drink this?
- **Demonstrate the amount of sugar in some beverages.** Gather sugar packets and two glasses. Place a 20-ounce bottle of regular soda by one glass and fill the second glass with water. Have your child count out 22 packets of sugar, tear them open, and pour the sugar in the glass by the soda. Point out that there is no sugar in water. Which drink is the healthier option?
 - **Want a refreshing alternative?** Put 100% fruit juice in an ice tray, insert round toothpicks, and freeze. Then invite your child to enjoy this healthier mini ice pop!

Good to Know!

Diet soda doesn't have any calories, but it doesn't have any nutrients either. When you're thirsty, water is your best bet because there are no calories in water and your body needs plenty of it to function well. To learn more, go to the American Heart Association's website at heart.org/HealthierKids.

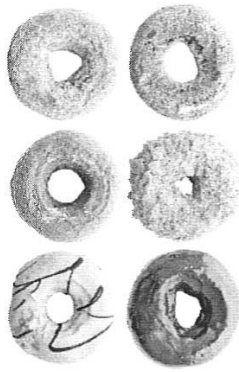


JOIN US FOR NO SODA NOVEMBER

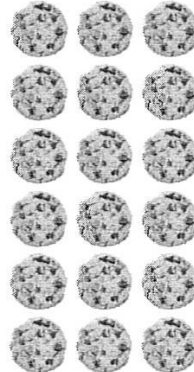
20oz SODA



6 DONUTS



18 COOKIES



A 20 oz soda has the same amount of SUGAR as 6 donuts or 18 cookies.

Most of the added sugar in our diets comes from what we drink, not what we eat! It's time to rethink your drink! Give up soda for the month of November and take charge of your heart health!

				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

JH BASKETBALL

Dec. 10	1:30pm	Palmer G	Palmer
Dec. 13	2:30pm	Clarkson/Leigh G	HOME
Jan. 7	1:00pm	Central Valley G/B	Central Valley
Jan. 9	2:30pm	Humphrey St. Francis G/B	Humphrey
Jan. 16	1:30pm	Palmer B	HOME
Jan. 21	1:30pm	NE Christian G/B	HOME
Jan. 23	1:30pm	Riverside G/B	Spalding
Jan. 28	2:30pm	Clarkson/Leigh B	Leigh
Feb. 4	3:00pm	Madison B	HOME

BOYS BASKETBALL (V)

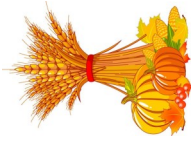
Nov. 27	7:30pm	Jamboree Game - Ewing	HOME
Nov. 29	7:30pm	Osceola	Osceola
Nov. 30	7:30pm	Nebraska Christian	Central City
Dec. 4	7:30pm	Nebraska Lutheran	HOME
Dec. 7	6:00pm	Palmer	Palmer
Dec. 8	6:30pm	Madison	HOME
Dec. 11	7:00pm	Winside	Winside
Dec. 14	7:30pm	Burwell	HOME
Dec. 18	7:30pm	Elba	Elba
Dec. 20	7:30pm	High Plains	HOME
Dec. 27-28	TBD	Verdigre Booster Tourn.	Verdigre
Jan. 4	7:00pm	Santee	Santee
Jan. 10	6:00pm	Heartland Lutheran	HOME
Jan. 12-19	TBD	GRC Conference Tourn.	TBD
Jan. 22	7:30pm	St. Francis	HOME
Jan. 29	7:30pm	Riverside	Cedar Rapids
Jan. 31	6:00pm	Central Valley	HOME
Feb. 1	7:30pm	Cedar Bluffs	Cedar Bluffs
Feb. 5	7:30pm	Fullerton	Fullerton
Feb. 9	2:00pm	Elkhorn Valley	Tilden
Feb. 15	5:00/6:00pm	Spalding Academy JV/V	HOME
Feb. 18,19 & 21	TBD	Subdistrict Tournament	TBD
Feb. 23	TBD	District Finals	TBD
Mar. 7-9	TBD	State Championship	TBD

GIRLS BASKETBALL (V)

Nov. 27	6:00pm	Jamboree Game - Ewing	HOME
Nov. 29	6:00pm	Osceola	Osceola
Nov. 30	6:00pm	Nebraska Christian	Central City
Dec. 4	6:00pm	Nebraska Lutheran	HOME
Dec. 7	7:45pm	Palmer	Palmer
Dec. 8	5:00pm	Madison	HOME
Dec. 11	5:30pm	Winside	Winside
Dec. 14	6:00pm	Burwell	HOME
Dec. 18	6:00pm	Elba	Elba
Dec. 20	6:00pm	High Plains	HOME
Dec. 27-28	TBD	Verdigre Booster Tourn.	Verdigre
Jan. 4	5:30pm	Santee	Santee
Jan. 10	7:45pm	Heartland Lutheran	HOME
Jan. 12-19	TBD	GRC Conference Tourn.	TBD
Jan. 22	6:00pm	St. Francis	HOME
Jan. 24	6:00pm	Elkhorn Valley	HOME
Jan. 29	6:00pm	Riverside	Cedar Rapids
Jan. 31	7:30pm	Central Valley	HOME
Feb. 1	6:00pm	Cedar Bluffs	Cedar Bluffs
Feb. 5	6:00pm	Fullerton	Fullerton
Feb. 8	5:00/6:00pm	Spalding Academy JV/V	Spalding
Feb. 11,12 & 14	TBD	Subdistrict Tournament	TBD
Feb. 22	TBD	District Finals	TBD
Feb. 28-Mar. 2	TBD	State Championship	TBD



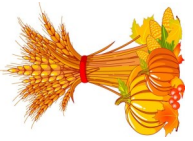
ST. ED PRIDE!



NOVEMBER



Sun	Mon	Tue	Wed	Thr	Fri	Sat
28	29	30	31	1	2	3
				8:00am: Connecting the Dot's-10th Grade	FFA - Pathways 2 Careers 7:00pm: 6-Man Playoffs-Quarter-Finals	V VB District Finals FFA - Pathways 2 Careers Fall Festival of Winds @ Doane (Choir)
4	5	6	7	8	9	10
4:00pm: One-Act Practice	4:00pm: One-Act Practice 12:50pm: Dakota State University Rep 3:45pm: Traffic 6:00pm: FFA - District VII EDGE Conf. @ Central City	One-Act @ CCC-Columbus		VB State Championships 4:00pm: One-Act Practice	VB State Championships 9:00am: Red Cross Blood Drive 4:00pm: One-Act Practice 7:00pm: 6-Man Playoffs-Semi-Finals	VB State Championships One-Act @ York
11	12	13	14	15	16	17
	10:00am: Veteran's Day Program 4:30pm: 1st Day of Basketball Practices 7:00pm: One-Act Practice	8:00am: ASVAB Testing for Juniors 3:45pm: Traffic 7:00pm: One-Act Practice	9:00am: County Government Day	7:00pm: One-Act Practice	7:00pm: 6-Man State Championship @ Kearney	One-Act @ Minden
18	19	20	21	22	23	24
	7:00pm: One-Act Public Performance	Conference One-Act @ Central City 3:45pm: Traffic	No School-Teacher Workday	No School-Thanksgiving	No School-Thanksgiving Break	
25	26	27	28	29	30	1
	WSC Honor Band Auditions Due 7:00pm: One-Act Practice	District One-Act 3:45pm: Traffic 6:00pm: G/B BB Jamboree Game vs. Ewing		6:00pm: G/B BB @ Osceola	6:00pm: G/B BB @ Neb. Christian	



NOVEMBER



P.O. Box C
St. Edward, NE 68660-0138

Phone: 402-678-2282
Fax: 402-678-2284

Web Page:

<https://www.stedpublicschool.org/>

St. Edward Beavers Public School on Facebook

Upcoming Events:

November 12— Veteran's Day Program 10:00

November 21—No School Teacher In-service

November 22—23 No School Thanksgiving Break

The Shepherd's Closet

- **is in need of new or gently used clothing items. Contact Ann at (402-649-6325 or Pastor Vern at (308) 550-0676.**
- * **is open the 2nd and 4th Thursdays of each Month 3-7 p.m. It is found on the northeast corner of the Methodist Church.**
- * **Is free to those who need clothing items.**

St. Edward Public Schools

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